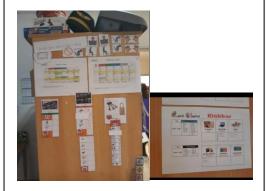
Iceland – what did we learn and how will this impact our practice?

Visual schedules were prominent in all classrooms

to ease anxieties around 'what is coming next/ where will this take place?'



Use of visual schedule for whole class daily timetable already discussed with head teachers, visual daily schedule in use in small group provision – actively referred to by children.

Huge emphasis put on the outdoors, physical development, arts and crafts and children exploring and risk taking.



Discussions with head teachers about increasing opportunities for children to become more resilient and problem solve for themselves and for us as adults to step back a little to allow this.

Within our small group provision, we have made a conscious effort to do this and the children have surprised us with their abilities to problem solve without adult intervention. We have also tried to build in more opportunities for free play, whereby we allowed the children to explore without adult support or guidance; this was difficult for the children (and us!) at first, but has improved their abilities to play both more imaginatively and collaboratively.

Great emphasis on children working at their own level, pace and learning style. Pupils chose where they wanted to sit; chair, table, floor, sofa and no one seemed to be taking advantage of this – all very calm, no apparent misbehaviour or even low level behaviours.

Classrooms all very 'free flow' and minimalist, no over stimulation.



Within our small group provision, children are exploring how well they work in different seating positions and spaces, all now have the choice as to whether they wear their shoes or not – most do not and this does seem to aid a greater air of calmness.

All staff we encountered did genuinely present with an air of relaxed calmness; they were extremely welcoming and very proud of their schools. The pressures and anxieties faced by teachers in the UK are very different, but it did make us think about the impact of teacher's well being on the children. NPAT are already very mindful of this but it was something that we have definitely taken away with us.